

Dear Parents/Guardians,

Welcome back and hello 2019!! We hope you all had a lovely festive season and enjoyed some form of break, I know we did!

Recreational, Adult & Saturday Preschool Term Dates -

Please be reminded these classes run throughout the year (including school holidays) apart from dates listed below.

- 2019 Term 1 - 2nd January - 31st March
- 2019 Term 2 - 1st April - 23rd June (no classes: 19th, 20th & 22nd April for Easter shut down, 6th & 27th May for bank holidays).
- 2019 Term 3 - 24th June - 29th September (no classes 19th - 31st August for summer gym shut down).
- 2019 Term 4 - 30th September - 21st December (no classes 22nd - 31st December for Christmas shut down)

Daytime Term Dates -

- 2019 Term 1 - Monday 7th January - Friday 5th April (no classes 18th - 22nd Feb half term and 8th - 22nd April, Easter holidays)
- 2019 Term 2 - 23rd April - 19th July (no classes 27th - 31st May, half term)
- 2019 Term 3 - 2nd September - 14th December (no classes 21st - 25th October, half term)

Important Yearly Dates

Underneath you will find some important dates for 2019 and events that CGA will be hosting. Pencil them into your diary and closer to the event we will notify with more information.

- **Badge Week** - Term 1 - 25th - 30th March
- **Health and safety training day** - for all staff and young leaders - 3rd March, 9am-6pm
- **11th May** - Annual Awards evening
- **9th June** - CGA in house club competition
- **24th November** - End of year display

February Half Term Camp!!

We are already preparing for our fun filled, ever popular holiday camp, returning this February half term!! Running from **Monday 18th - Friday 22nd of February** and you can book a half day, 9am-12pm / 1pm-4pm for just £14 or the whole day 9am-4pm, for £28.

With themed days, a tonne of games and a crazy team of coaches, it's guaranteed to be a blast! Available to book online via our website and as ever, spaces are already filling up fast!! So, if your child doesn't want to miss out, book now at: www.cambridgegymnastics.co.uk and click on camps. If your child is attending all day, please make sure they bring a good packed lunch and plenty of water with them! Also, please note the viewing area is closed during camps as this is a work space for our coaches.

Key Steps Competition

On the 14th November, CGA hosted the annual Key Stage 1 & 2 Gymnastics competition ran by Cambridge Sports Partnership. 9 Primary schools entered the competition and the North Cambridge Academy Girls Elite programme performed a display and helped to judge the event. We will be hosting the Key Stage 3 & 4 Key Steps competition on the 30th January.

The Greatest Showman!

November 18th, 2018 was our annual end of year display "The Greatest Showman" and whilst I am biased, I think this was our best show to date. We put on 8 performances, had a turnout of 880 spectators and



managed to raise £3,305.88! This is the most money we have raised at any fundraising event and we are so grateful for all your support!

We have decided to use this extra money raised to set up a "hardship fund". This will be a pot of money, which we will set aside and keep adding to with other fundraising events. This will be dedicated to help families who may be struggling with fees, so that we can help to keep as many kids active and loving gymnastics as possible. If you think the CGA hardship fund could be of help to you and are interested in applying, please email Head Coach Kayleigh on info@cambridgegymnastics.co.uk for an application. We have already been astounded by the amount of support that is behind us with this project. Just before Christmas, we received a cheque for just over £1000, to sponsor one of our gymnasts for the whole of 2019!!

If anybody knows of or works for a company that would be interested in either sponsoring us or adding to the Hardship fund, please do get in touch with Kayleigh on the same email mentioned above.

We do also offer: **Support with fees**

If you receive means tested benefit's we're happy to say we can give you a 10% discount (such as income support not working tax credits) off your fee's. Please email finance@cambridgegymnastics.co.uk if you would like to apply for this. All information held is confidential.

Impact Award

With the success of 2018 British Gymnastics 'Club of the Year' nomination & being ranked in the top 3 clubs in the UK and then achieving Living Sports 'Club of the Year' Award last year, we have only done it again. Our Head Coach Kayleigh was nominated for an Impact to Sports Award at the Living Sports prestigious awards ceremony on the 22nd November. Kayleigh was nominated & won, due to her not only developing Cambridge Gymnastics Academy, but also the creation of CGA Gymnastics Satellites & with all the community work that goes with both organisations. Between both clubs there is just under 1500 people physically active in gymnastics each week and the workforce now have 11 full time staff, 26 part time staff & 28 volunteers. Let's see where 2019 takes us!



Kit

Please be reminded that CGA **does not allow crop tops** to be worn in any of our sessions. It is not appropriate for safe supporting. If your child does attend their class wearing one, they will of course not be turned away, however they will not be physically lifted or supported by their coach.

Leotards are not mandatory; however, our club kit order form is available to download from our website if you are interested in purchasing. Clothing should be comfortable, but not too loose, with no zips, buttons or hoods on them. T shirt and shorts, or leggings is ideal if your child does not wish to wear a leotard. Please no skirts or dresses.

Viewing Gallery Rotations

Please be reminded, that whilst we are aware our viewing gallery is "cosy", it is still a whole lot better than the nothing we had before! We obviously cannot squeeze all parents in every week, and we do our best to make it as fair as possible, so all parents get a chance to watch their child. We will be putting up a white board at the top of the stairs which will state which week it is and therefore which class parents can stay. I.e. Week 1 the 4pm, 5pm and 6pm parents can stay - week 2 the 4.30pm, 5.30pm, 6.30pm etc. Please co-operate with this to help us keep as many people happy as possible.



Fees

All recreational and adult fees for Term 2 of 2019 (1st April – 23rd June 2019) will be invoiced on Monday 18th February and will be due by Monday 4th March 2019. You will have two weeks to pay your fees. If fees are not paid by this date you will have a week's grace but £5 will be added to each child's invoice, as it takes a lot of admin time to chase outstanding fees. If you do not pay by Monday 4th March, your child will forfeit their place. CGA will be coming down strong on this as we cannot afford for people to pay their fees late due to us having such a large waiting list. You must let us know by Monday 4th March if your child will not be continuing as we require 4 weeks' notice.

As there are only 3 terms for our daytime classes club fees will be invoiced on Monday 25th February for Term 2 (1st April – 19th July). You will have two weeks to pay your fees, they will be due by Monday 11th March. The fees work the same as our adult and recreational class where you will get a week's grace and a £5 fee will be added to any outstanding fees. Invoices not paid by 18th March will result in the place being lost and offered to someone on our waiting list.

Competition news

Regional finals

Congratulations to all the girls who competed at the Levels 6-2 regional finals on the 27th & 28th October. They all did incredibly well with Alejandra Morgan placing 3rd on floor.



Inter County Teams

Huge Congratulations to Alejandra Morgan & Lucy Humphreys for being selected to represent the county in the level 3 team. The girls all had a strong competition and the team placed 5th overall.

Boys Inter Club Comp

CGA held its first boy's invitational competition on the 4th November. Which saw 50 boys from Chelmsford, Gyrus, Matrix & CGA all participate in the 6-piece competition. Many of the boys had never competed before and strong routines were shown by all. It was fantastic to see show much support from the teams in the East and we have had further clubs enquire about next year already! Well done to all who ran such a smooth & enjoyable competition.



CGA Summer Ball!!!

Exciting news.... We are hosting a CGA Ball on the 7th of September!! Our black-tie event will be held at the Double Tree Hilton in Cambridge and will include an arrival drink, 3 course meal, a whole host of amazing raffle prizes and a live band for evening entertainment - all for just £55pp!

Tickets are already on sale and sorry gymnasts, this one is adults only! Arrival from 7pm and it is open to anyone, whether or not you are a member of CGA. You can also book tables of up to 8 seats if you wish.

To book your tickets please speak to Charlotte from the CGA team where she will be happy to help with any questions. Please email her on fundraising@cambridgegymnastics.co.uk

It is going to be a fantastic event so don't miss out!!!



Help Required!

We are trying to get rid of some old/ damaged equipment that is currently taking up valuable storage space. If anybody works for or could recommend a skip company/ waste disposal company that could be of help please do get in touch with Ruth on assistantheadwa@cambridgegymnastics.co.uk

Design your own leotard!!

A little bit of fun to kick start the new year... Have a go at getting creative and design your own leotard! We will be handing out some templates in our classes of a blank leotard, take it home and design away. Then bring it in **with £1** in a sealed envelope, labelled with the child's name. Once all the entries are in, the coaches will deliberate and choose a winner! The winner will win a leotard given to us from the Double Downies!! The closing date for entries will be Saturday 23rd February, the end of February half term. Get creating!!!

Staff Achievements

The end of 2018 was a busy time of year for our coaches as well! Lots of our senior coaches were waiting on theory results and they were not disappointed! Charlotte Mckenna has passed her Level 3 women's artistic; Holly Batterbee and Iwona Banicka have passed their Level 3 men's artistic; Sarah Dace passed her women's artistic Level 2. Janette Beckett passed her women's artistic Level 1. Ruth Nation has passed her Level 4 women's artistic practical and is awaiting the theory results.

We are a team as dedicated to our own personal development just as much as our gymnasts and are excited to keep developing our ever-growing team. Congratulations to all!!!

Car Park

The site team have asked us to remind all members that the disused car park is not a designated car park for NCA. All cars that park there do so at their own risk. Safe night time parking is at the other entrance in front of the school or to the side of Bellerbys college. Both these car parks have lighting. You will then need to walk around the school like you do at present to access the gymnastics.

Parties

Every Saturday from 4.30-6pm, we offer gymnastics parties. During the 1.5 hours, two coaches run a fun structured party in the gym for up to 20 attendants. They get to experience all pieces of apparatus, including the trampoline and foam pit for the first hour. They then make their way upstairs to the viewing area for food, which we turn into a party room, for 20 mins. The parents have full use of the kitchen to prepare food (must supply themselves). Then back into the gym for the last 5-10mins of cool down games. All for only £15! Dates for the new year are available on our website, so book online now to avoid disappointment.



Contacting Us:

Our phone line is incredibly busy, and we don't always have time to answer it when we are coaching, so email is usually the best way to get it touch with us.

- For anything to do with finance please email Hannah on finance@cambridgegymnastics.co.uk
- Matters concerning general enquiries please email enquiries@cambridgegymnastics.co.uk
- All recreational and class lists enquiries please email Gemma on recreation@cambridgegymnastics.co.uk
- All Elite /Elite Rec girls matters please email Ruth on assistantheadwa@cambridgegymnastics.co.uk
- Our Head Coach Kayleigh is back on info@cambridgegymnastics.co.u
- Charlotte now has an email address for any matters to do with Fund Raising and our young leaders at CGA:
fundraising@cambridgegymnastics.co.uk

Kind Regards,

The CGA Team

